

DIVORCE *Care*®



**DIVORCED?
SEPARATED?**

You don't have to
go through it alone.

Part of the
StoneBridge
Cares
Ministry

WHAT IS DIVORCECARE?

DivorceCare is a safe place where caring people come alongside you as you find healing from the pain of separation or divorce. At this 13-week, video-based support group program, you'll find helpful counsel to manage the emotional turmoil and practical tools for decision-making.

UNDERSTANDING & ACCEPTANCE

People at DivorceCare understand how you're feeling and what you're struggling with—because they're facing similar challenges. Everyone's story is different, and you'll be accepted right where you are, in a safe place.

ENCOURAGEMENT & HOPE

It's so comforting to know you're not alone and that you're going to be okay. Through the videos and small-group discussion time, you'll hear from people who have felt there's nothing left to look forward to—and now they're starting to smile again. They'll help you do the same.

GOOD ADVICE

Each week, you'll watch a 30-minute video filled with practical suggestions from counselors and other experts on divorce recovery. Plus you'll hear from people who've experienced a marriage breakup and who share what's helped them. Their insights will help you make wise decisions as you move forward.

A STRUCTURED APPROACH

When everything feels chaotic, DivorceCare's structured approach provides stability. It helps you organize your thinking and manage your emotions. Each group is built around three main parts that work together to provide the most effective healing experience: video, group discussion, and a participant book for practical application.

DIVORCECARE SEMINARS

DivorceCare features 13 dynamic video seminars featuring 32 renowned experts on divorce and recovering, including:

Kay Arthur

Dr. Bob Barnes

Sabrina D. Black

Dr. Les Carter

Rob Eagar

Dr. Tony Evans

Dr. Archibald Hart

Bonnie Keen

Dr. Craig Keener

Elsa Kok

Dr. Linda Mintle

Dr. Myles Munroe

Rose Sweet

Dr. Jim Talley

H. Norman Wright

Cynthia Yates

Dr. Spiros Zodhiates

...and many others.



FOR UPCOMING CLASSES

email care@stonebridge.org
or call 704.549.8272



WEEKLY SEMINAR TOPICS

1. What's happening to me?
2. The road to healing/finding help
3. Facing my anger
4. Facing my depression
5. Facing my loneliness
6. What does the owners manual say?
7. New relationships
8. Financial survival
9. KidCare
10. Single sexuality
11. Forgiveness
12. Reconciliation
13. Moving on, growing closer to God

You are welcome to begin attending DivorceCare on any week. Each session is "self-contained," and you can continue through the next cycle to view any of the topics you have not seen.

**DIVORCECARE HELPS YOU
RECOVER FROM THE PAIN OF
SEPARATION AND DIVORCE.**

FIND HELP DISCOVER HOPE EXPERIENCE HEALING

DIVORCECARE HAS TOUCHED HUNDREDS OF LIVES IN GROUPS MEETING WORLDWIDE

“If this wasn’t available, I’d still be at home crying.”

“I know that I’m not alone.”

“The best thing I’ve done for myself and my family since my husband left me.”

“You got me through!”

“It saved my life.”

“I feel hope again.”

“I have rejoined the land of the living.”

“I experienced tremendous healing.”

“I finally feel like I’m back on my feet again.”

“This program has given me the spiritual nurturing I so desperately needed.”

“Most informative and healing class I’ve ever attended.”

“I cried. I laughed. I made new friends. I came closer to God.”

For more information go to
stonebridge.org/care